



Group Volunteer Opportunities

RONALD MCDONALD FAMILY ROOM MD ANDERSON CHILDREN'S CANCER HOSPITAL

Keeping families close™

Ronald McDonald House Houston offers a home away from home providing care, compassion and hope to families with seriously ill children being treated in Texas Medical Center member institutions. You can help families using our Family Room at MD Anderson Children's Cancer Hospital with a meal or fun event. Come together with 4 of your friends to share good food, smiles and hugs while helping families stay together.

FAMILY MEALS—A SIMPLE RECIPE FOR SUCCESS

STIR together a great group as you plan a meal. The maximum number that may participate cannot exceed 5 people and must be 18 or older. Children or underage teens may NOT attend or participate.

COMBINE funds and order a delicious meal from a licensed restaurant or caterer. Due to our immune-compromised patients, home-cooked foods cannot be accepted. Please plan for 60 people to be eating when arranging your meal. When planning menus, please provide a vegetarian option and if bringing raw vegetables (i.e. salad) also bring cooked vegetables. Provide an alternate protein when serving pork.

MIX in some fun — such as a craft, game, or other fun activity, like a Photo Booth for everyone to enjoy. Activities and events provide a much-needed lift to our families! Quality entertainment helps alleviate stress, gives the opportunity of quality time spent together not focusing on health issues, and stimulates positive, hopeful feelings.

WHISK your group off to set-up prepare, serve and provide a little laughter for families with children at MD Anderson Children's Cancer Hospital. Our goal is to offer a meal every day of the year. We never close.

MELT your heart knowing you brought a much-needed lift to families caring for critically ill children.

COOKIES AND PARTIES

Need an option other than meal time? Schedule an afternoon (2:00-5:00 PM) Cookie Break or Block Party.

- **Cookie Breaks:** The treats you bake will be a comforting snack for the families staying near their child in the hospital. Pick up tubs of commercially prepared dough and get creative – bring prepared icing and sprinkles for a decorating party. You bring the dough and bakers; we have cookie sheets and an oven.
- **Block Parties:** Let's put the **ART** in **pARTy!** Kids love making and creating great art and craft—the real deal. Instead of DIY (do it yourself) throw a D-I-T (Do It together) Party. Consider a Home Depot project, jewelry, knot blankets, duct tape creations and more. Pick a theme, a great project and bring some party food. Everything is better with a treat. Bigger the project, the better!

GETTING STARTED

- Since our Family Room is in the middle of MD Anderson Children's Cancer Hospital, we adhere to all of the hospital's guidelines and expect that our volunteers do the same. (Full guidelines are on our website)
- To find out more or schedule an event, visit the [Group Opportunities page](#) on our website. For questions, please contact Colleen Dillahunty, Family Activities Coordinator at fac@rmhhouston.org.

Ronald McDonald House Houston is a 501(c) (3) organization. Contributions are tax-deductible to the fullest extent of the law.

RMH Houston gave us a place to rest and an escape from the hospital within the hospital when our world was turned upside down

