

INDIVIDUAL VOLUNTEERING PROGRAM



Keeping families close™



Ronald McDonald House Houston offers a *home away from home* providing care, compassion and hope for families with seriously ill children. We are seeking **compassionate, dependable, and mature** individuals to help serve families staying at our free-standing House or the Houses and Family Rooms inside Texas Children's Hospital, Children's Memorial Hermann Hospital, and MD Anderson Children's Cancer Hospital.

Volunteers Ages 18 and up can...

PAMPER our families with warm, peaceful moments of respite in the midst of healthcare crisis by meeting practical needs and offering a listening ear.

PROVIDE hospitality to our families by serving snacks, making coffee, tea, lemonade, and curating a home-like environment.

PARTNER with our on-site management to check families in and out of our bedrooms while providing concierge-like service.

PREPARE bedrooms for family use by arranging linens and stocking toiletry items.

PRESENT a kind, welcoming face and voice to guests, visitors, and donors visiting our locations. Assist with phone calls and tours.

*The minimum time commitment for a placement in this "Regular Shift Volunteering Program" is **two** 3-hour shifts per month for at least **six** months.*



Volunteers Ages 16 and up can...



PROMOTE HEALTHY PLAY with our children during our summer day camp! Volunteers facilitate games and activities to enrich the lives of our patients, siblings, and young relatives staying at our Holcombe House location. This volunteer role is ideal for creative, energetic individuals with experience in supervising children as this would be interacting with our kiddos 100% of the time!

*Adult Facilitators and Teen Assistants are asked to make a **one week**, approximately **20 hour**, commitment for this program.*

*I'm always humbled by the abundance of **support and love I sense** at the House*

To apply to be a volunteer, complete a volunteer application on rmhhouston.org under the GET INVOLVED tab. Questions? Contact our Volunteer Coordinator at 713-795-3594 or volunteer@rmhhouston.org.



INDIVIDUAL VOLUNTEER PLACEMENTS



REGULAR SHIFT VOLUNTEERING: **Minimum 18 years old**

We have a variety of individual volunteer placements available at RMHH in our regular shift program. Volunteer shifts are available seven days a week. **Volunteers are asked to work a minimum of two shifts a month for at least six months.** Volunteer shifts are scheduled in three hour time blocks. Bilingual volunteers are especially needed to communicate with our international families.

Shift Times: 9:00 am - 12:00 pm, 12:00 pm - 3:00 pm, 3:00 pm - 6:00 pm, 6:00 pm - 9:00 pm.

Texas Medical Center

Ronald McDonald House Houston Locations

Ronald McDonald Family Room[®] MD Anderson Children's Cancer Hospital

Volunteers assist in the 2 bedroom Family Room and support patients and families of the various units of the Hospital. They help keep the Ronald McDonald areas clean, neat, organized and stocked, check families in and out of the bedrooms, bake cookies, visit with parents, and assist with other projects and activities. One to two volunteers are scheduled for each shift.

Ronald McDonald Family Rooms[®] Texas Children's Hospital

Volunteers work in the Family Rooms that support the patients and families in the Oncology/Hematology Inpatient Floor, Outpatient Cancer Clinic, Cardiovascular Intensive Care Unit and The Pavilion for Women. They help keep the four Family Rooms clean, neat, organized and stocked, visit with parents, and assist with other projects and activities. One to two volunteers are scheduled for each shift.

Ronald McDonald House[®] Texas Children's Hospital

Volunteers assist in the 20 bedroom House at Texas Children's and support families whose children are being treated in the Intensive Care areas of the hospital. They help keep the House inside TCH clean, neat, organized and stocked, check families in and out of the bedrooms, bake cookies, visit with parents, and assist with other projects and activities. Two volunteers are scheduled for each shift.

Ronald McDonald House[®] Children's Memorial Hermann Hospital

Volunteers assist in the 14 bedroom House and support families whose children are being treated in the Intensive Care areas of the hospital. They help keep the House inside CMHH clean, neat, and stocked, check families in and out of the bedrooms, bake cookies, visit with parents, and assist with other projects and activities. One to two volunteers are scheduled for each shift.

Holcombe House

Volunteers greet and register families, orient families in this stand-alone, 50 bedroom House. They also explain House policies to families and visitors, check families out when they leave, answer the phone, and give tours. Two to three volunteers are scheduled for each shift.

Summer Day Camp at Holcombe House

Minimum 16 years old

Adult Facilitator - Adults over 18 years old plan, create, set up, and lead facilitation of activities and games for children ages 6 and up. They are the lead instructors during the day camp sessions, with the support of Teen Assistants.

Teen Assistant - Teenagers ages 16 and 17 years old help set up, facilitate activities and games, manage children's behavior, and support adult facilitators for approximately 4 hours each day (Monday—Friday) for minimum one week.

*Since keeping our families **safe** is our first priority, all volunteers must successfully pass a **criminal background check**. Volunteer training is provided and required for all volunteers placed in the summer camp and regular shift programs. Additional training, health history clearance, and immunizations may be required at our in-hospital locations.*

*I've learned even **the smallest act**, like baking cookies or providing fresh coffee, can really make a difference*

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