



Ronald
McDonald
House®
Houston

Group Volunteer Opportunities

TEXAS CHILDREN'S HOSPITAL

Keeping families close™

Ronald McDonald House Houston offers a home away from home providing care, compassion and hope to families with seriously ill children being treated in Texas Medical Center member institutions. The generosity of organizations and individuals like you make our House and Family Rooms inside Texas Children's Hospital a home.

FAMILY MEAL PROGRAM

- After a long day, there is nothing better than a nice meal and a friendly smile. Get together a group of your friends, family or co-workers. Our goal is to offer families a meal every day of the year.
- You may have a catered meal delivered to the RMH Houston Texas Children's Hospital or drop off a meal that has been commercially prepared. Due to the hospital setting, home-cooked foods cannot be accepted. Meals cannot be cooked in the RMH Houston kitchens inside Texas Children's Hospital.
- Meals Times are: Breakfast at 9:30 AM (Drop-off only); Lunch at 12 PM; Dinner at 5:30 PM.
- Please plan for 60 people to be eating when arranging your meal. When planning menus, please provide a vegetarian option and when serving a pork entrée, provide an alternate protein.

FAMILY ACTIVITIES

- Activities provide a much-needed lift to our families. Entertainment helps alleviate stress, gives the opportunity of quality time spent together not focusing on health issues, and stimulates positive, hopeful feelings. Dream big—we enjoy everything from A to Zumba®! Some ideas are bringing in a Sports Team mascot or players, ice cream party, game night, spa day, crafts or scrapbooking.
- We schedule activity times during the day. Get your party planning hat on and brings some smiles!

GETTING STARTED

- When providing a family meal or activity, the maximum group size cannot exceed 5 people. Every member of the group must be 16 years of age or older. Children or underage teens may not participate.
- Since our House and Family Rooms are in the middle of Texas Children's Hospital, we adhere to all of the hospital's guidelines and expect that our volunteers do the same. (Full guidelines are on our website)
- To find out more or schedule an event, visit the Group Opportunities page on our website. For questions, please contact Colleen Dillahunty, Family Activities Coordinator at fac@rmhhouston.org.

Ronald McDonald House Houston is a 501(c) (3) organization. Contributions are tax-deductible to the fullest extent of the law.

The nurses and doctors in the hospital saved my child's life.
But Ronald McDonald House Houston saved me.

